



# COMMUNITY WELLNESS SCREENING

# SEPT. 26TH | 7-9AM

HCMH Foundation Conference Room (2nd Floor)

**TO MAKE AN APPOINTMENT CALL**

**515-332-2492**

## Screening Profile Plus - \$40

A blood profile including a complete lipid profile, blood sugar, hemogram, BUN, potassium, total bilirubin, uric acid, AST, calcium, and total protein

## Wellness Profile (Lipid Profile & Blood Sugar) - \$25

Includes a complete lipid profile and blood sugar

### Hemogram - \$20

- Screen for anemia and infection

### PSA - \$40

- Screen for prostate cancer recommended for men over 50 or those with a family history

### TSH - \$35

- A sensitive test for thyroid functions

### Hemoglobin A1C - \$25

- Screen for Diabetes. Estimation of average blood sugar levels in the preceding 3 months

### TB Skin Test - \$20

### Vitamin D Test - \$65

- Vitamin D deficiency may lead to a variety of disorders, such as osteoporosis

### Blood Type - \$20

- ABO type - RH type

### Body Composition - \$15

- % body fat, hydration status, predicted muscle mass, BMI

### Blood Pressure - No Charge

### Dermascan - \$15

- Skin analysis for sun damage and sun safety

### Type 2 Diabetes Risk Assessment - No Charge

Individuals should be fasting; no solid or liquid foods for 12 hours prior to the screening. Water and medications should be taken in normal amounts. Payments are due at the time of service; insurance will not be billed. Refreshments will be served.